

Tesco Farm to Fork Trail

Year 3

As part of our topic on 'Healthy Humans', Year 3 were invited to Tesco Rushes in Loughborough to learn all about where our food comes from and how it is made and prepared.



Whilst at Tesco, we had a talk about where our food comes from. As part of this, we had a quiz to see if we knew exactly how far some of our food travels!

We then had a 'fruit identification' session, followed by a demonstration of how to bake bread by 'Bob' the Baker (or 'Barry'- we are still undecided!).

Finally, we were able to taste some foods from the deli counter that many of us had never tried before!

