



As part of our 'Food, Glorious Food!' topic, we went on a Farm to Fork trail at Tesco in Loughborough.

We wanted to find out about where our food comes from and how it reaches the stores that we shop from.

We learnt that bananas can travel thousands of food miles to reach us.

Did you know that 100 billion bananas are produced and sold every year?

We got the chance to visit Barry the Baker in his bakery. He let us smell the yeast that he cooks with, as well as letting us feel the freshly-mixed dough of a new loaf!

We also got to have a go at doing his job for him- manning the dough mixture and basting the bread.

Our guide, Alan, took us to the Deli to finish off our trip. We got to sample foods from all over the world. We had: olives, cheese, bread (baked by Barry!), pastrami, sundried tomatoes and much more! We also had a challenge to eat an anchovy- some of us liked them more than others.

We learnt a lot and really enjoyed seeing different parts of Tesco and learning things firsthand!

