

Several

Times

On

Purpose

Our Thoughts

St Winefride's Catholic
Voluntary Academy



Our Child Friendly Anti-bullying Policy



Written by the children of St Winefride's,
for the children of St Winefride's.

Our Mission Statement

We pray

We live

We play

We learn

Who can I tell?



Don't

What should I do if I am being bullied?

Copy the bully.

Look upset or cry.

Retaliate.

Do what they say.

Get angry.

Do

What should I do if I am being bullied?

Tell them to go away.

Ignore them.

walk away.

Tell an adult.

Make new friends

Remember it's NOT your fault.

What should I do if I see someone else being bullied?

Say stop
it to the
bully.

Reassure
the victim.



Do not
ignore it.

Tell a
grown-
up.



What is bullying?

In our school, a bully is someone who hurts us on purpose, and keeps doing it.

Bullying can be:

- ❖ **Emotional:** Leaving you out of games, hurting your feelings, bossing you about
- ❖ **Physical:** Punching, hitting, kicking, pushing, spitting.
- ❖ **Verbal:** Calling you unkind names, teasing you.
- ❖ **Written:** sending you a horrible note.
- ❖ **Through another person:** Sending an unkind message through a friend.
- ❖ **Racist:** Calling you racist names.
- ❖ **Cyber:** Sending you unkind texts or emails.