

# **Sun Protection Policy**

## **St Winefride's Catholic Voluntary Academy**



**April 2021**

**Review**

**April 2023**

# Sun Protection Policy

## AIMS:

At St Winefride's, we acknowledge the importance of sun protection and want pupils and staff to enjoy the sun safely. The aim of this policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun.

The main elements of this policy are:

- **Education:** learning about sun safety to increase knowledge and influence behaviour.
- **Protection:** providing an environment that enables pupils and staff to stay safe in the sun.
- **Partnership:** working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

## EDUCATION:

- Sun protection and the dangers of sunbed use is incorporated into the curriculum for all ages.
- All teachers and staff are made aware of this policy and the importance of sun protection within the school environment.
- Sun protection is actively promoted to pupils in other ways at significant points of the school year including before and during summer and prior to summer holidays (e.g. Assemblies, workshops, talks).
- Parents are informed of the importance of sun protection through information sent home in newsletters and in this policy.

## PROTECTION:

Shade:

- Children will be encouraged to sit in the shade in the playground/field as appropriate. For example, children on the KS2 playground will be encouraged to use the seating under the covered areas during hot weather.
- Children who access outdoor learning in the Early Years and Year 1 have canopies above the outside area which can be used for shade.
- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.

Clothing:

- Children should bring sun hats to school to wear at playtimes and during outdoor lessons in the summer term.

- Children may bring sunglasses with plastic lenses to school to be worn outdoors on bright days.
- Children should wear T-shirts which cover their shoulders for PE lessons.
- All teachers, teaching assistants and lunch-time supervisors will be encouraged to wear hats and/or sunglasses when on playground duty and during sports lessons, when necessary.

#### Sunscreen:

- Children are expected to bring their own sun cream and apply it themselves under appropriate adult supervision.
- Children may only use their own sun cream.
- Teachers will not apply sun screen to any children.
- Parents are asked to teach their children how to sensibly use and apply these screens and will clearly label them and put them in their child's bag for their own use.
- Children in Early Years are recommended to use longer lasting sun cream (e.g.8 hour sun cream) to limit the need to re-apply throughout the day.
- Sun cream use will be encouraged on educational visits and for outdoor PE lessons.

#### Maintaining children's health during hot weather:

- Pupils will be encouraged to eat normally.
- Pupils will be encouraged to bring their own labelled water bottle to school. They will be encouraged to drink plenty of water on hot days.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils

#### **Partnership:**

The school will aim to work with parents, Governors and the wider community to reinforce awareness about sun safety and promote a healthy school. This policy has been developed using the Cancer Research UK SunSmart Guidelines for Primary Schools.