Lent offers a time to reflect on life and change.

This is a time to prepare for Easter.

Change is a necessary part of healthy growth.



Reflection

Lord, when I am hungry
give me someone to feed;
When I am thirsty
give water for their thirst.
When a burden weighs upon me
lay upon my shoulders
the burden of my fellows.
Lord, when I stand
greatly in need of tenderness,
give me someone who yearns for love.
May your will be my bread;
Your grace my strength; Your love my
resting place.

Change



How and why do things change?



Key Vocabulary

change seasons Lent Resurrection Alleluia Cross Ash Wednesday growth Good Friday Easter Sunday







Scripture

Joel 2: 13

Luke 23: 33-35, 38-43

Mark 11: 1-11

Mark 16: 1-6