

Advent is a time of waiting
in joyful hope for Jesus.

It encourages believers to
wait for Christ who comes
each day.

Gifts, given and received, are a
sign and expression of love.



Meals



Reflection

Lord Jesus Christ,
in you we know the love of God.
When we gather together in your name
we experience the marvel of your loving
presence
which challenges us to live for one
another.

Help us to follow your example
so that we may never become complacent.
Help us to listen to your constant call to
us
to continue the work you began,
you who lived and died for us.
Grant this through your Spirit of Love.
Amen.

The Big Question
What makes some meals
special?

Key Vocabulary

bread wine gift meal family
Mass Last Supper altar
Holy Communion litany host
Chalice Preparation of the Gifts

Scripture

Luke 22: 19-20